# ON THE ATOMIC DECOMPOSITION OF $H^{1}$ AND INTERPOLATION 

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In [1] Coifman used the Fefferman-Stein theory of $H^{p}$ spaces [4] to decompose the functions of these spaces into basic building blocks (atoms), further clarifying their real variable nature. Coifman and Weiss have provided a comprehensive treatment of these ideas and many applications to harmonic analysis in [2]. In this note, we use the nontangential maximal function $N f$ to give an elementary proof of the decomposition of $H^{1}$ functions on the line and then characterize the Peetre $K$-functional for $H^{1}$ and $L^{\infty}$ in terms of $N f$.

Let $u$ be the harmonic extension [5] of $f$ to the upper half plane $\mathbf{R}_{+}^{2}$. For $x \in \mathbf{R}$, denote by $\Gamma_{2}=\left\{(z, y) \in \mathbf{R}_{+}^{2}:|x-z| \leq y\right\}$ the cone with vertex at $x$. The nontangential maximal function of $f$ is defined by $N f(x)=\sup \{|u(z, y)|:(z, y) \in$ $\left.\Gamma_{x}\right\}$. We define the (real) $H^{1}$ norm of $f$ to be the standard $H^{1}$ norm of $u+i v$, where $v$ is the harmonic conjugate of $u$ which satisfies $v(0)=0$. A classical result of Hardy and Littlewood asserts that $\|N f\|_{L^{1}} \leq c\|f\|_{H^{1}}$. For an interval $I$ an $H^{1}$-atom is any function $a_{I}$ such that $\int a_{I}=0$ and $\left|a_{I}\right| \leq|I|^{-1} \chi_{I}$ a.e.

Proposition. ${ }^{2}$ Suppose $u$ is harmonic on an open square $S$ and continuous on $\bar{S}$. Then its average on $\partial S$ equals the average over the two diagonals.

Proof. By dilating to a subcube of $S$ and then expanding back, we may assume that both $u$ and its harmonic conjugate $v$ are continuous on $\bar{S}$. Now $S$ is composed of four $15^{\circ}$ right triangles with common vertex the center of $S$. Let $T$ be the lower triangle and denote its edges by $L, B$ and $R$, where $B$ is the hypotenuse. Applying Cauchy's theorem to $u+i v$ on $T$ and taking real parts of the integrals gives

$$
0=\oint_{\partial T} u d x-v d y=\int_{B} u-\frac{1}{\sqrt{2}}\left(\int_{R+L} u+\int_{R} v-\int_{L} v\right) .
$$

Using rotations and symmetry, applying this argument to the three remaining subtriangles of $S$, and summing the resulting equations, we see that the terms involving $v$ cancel and we are left with our stated result.

THEOREM. If $N f \in L^{1}$, then we may write $f=\sum_{j} \lambda_{j} a_{j}$ so that the $a_{j}$ 's are atoms and the coefficients $\lambda_{j}$ satisfy

$$
\begin{equation*}
\sum_{j}\left|\lambda_{j}\right| \leq 42\|N f\|_{L^{1}} . \tag{1}
\end{equation*}
$$

[^0]Proof. Since $u$ is continuous in $\mathbf{R}_{+}^{2}$, then $E_{k}=\left\{x: N f(x)>2^{k}\right\}$ is open in $\mathbf{R}$. Let $I(f)=\int_{I} f d x /|I|$ and define $F_{k}$ as the complement in $\mathbf{R}$ of $E_{k}$. We write $E_{k}$ as the disjoint union of its collection $\mathcal{C}_{k}$ of open components and then decompose $f$ as a sum, $f=g_{k}+h_{k}$, where

$$
\begin{equation*}
g_{k}=\sum_{I \in C_{k}}[f-I(f)] \chi_{I}, \quad h_{k}=f \chi_{F_{k}}+\sum_{I \in \mathcal{C}_{k}} I(f) \chi_{I} . \tag{2}
\end{equation*}
$$

We claim that $\left|h_{k} Z\right| \leq 7 \times 2^{k}$ a.e. Clearly, the estimate holds on $F_{k}$ since $N f \leq 2^{k}$ there and $|f| \leq N f$ a.e. For the remaining set $E_{k}$, we fix an interval $I$ in $C_{k}$ and show that

$$
\begin{equation*}
|I(f)| \leq 7 \times 2^{k} \tag{3}
\end{equation*}
$$

Let $S_{\varepsilon}$ be the open square $I \times(\varepsilon,|I|+\varepsilon)$ in $\mathbf{R}_{+}^{2}$. By the Proposition and letting $\varepsilon \downarrow 0, I(f)$ is seen to equal four times the average of $u$ over the union of the two main diagonals less the sum of its averages over the three remaining sides. But the endpoints of $I$ belong to $F_{k}$, so the diagonals, sides and top of $S$ all belong to the "good" set for $u$, namely $\Gamma=\left\{(z, y) \in \Gamma_{x}: x \in F_{k}\right\}$. The definitions of $F_{k}$ and $N f$ imply that $u$ is bounded by $2^{k}$ on $\Gamma$ which establishes (3).

Following Coifman [1] and Herz [6f], the atoms are defined by

$$
\begin{equation*}
a_{I} \lambda_{I}^{-1}\left(g_{k}-g_{k+1}\right) \chi_{I}, \quad \lambda_{I}=21 \times 2^{k}|I| \tag{4}
\end{equation*}
$$

for each $I \in \mathcal{C}_{k}$ and all integers $k$. By telescoping and using both that $g_{k}-g_{k+1}=$ $h_{k+1}-h_{k}$ and that $g_{k+1}$ is supported in $E_{k+1} \subset E_{k}$, it follows that

$$
f=\sum_{k=\infty}^{\infty}\left(g_{k}-g_{k+1}\right)=\sum_{k} \sum_{I \in C_{k}} \lambda_{I} a_{I}
$$

Each $a_{I}$ is an atom since it is supported in $I$ and the estimate $\left\|a_{I}\right\|_{\infty} \leq|I|^{-1}$ follows from our $L^{\infty}$ estimate on the $h_{k}$,

$$
\left\|g_{k}-g_{k+1}\right\|_{\infty}=\left\|h_{k=1}-h_{k}\right\|_{\infty} \leq 7\left(2^{k+1}+2^{k}\right)=21 \times 2^{k}
$$

To see that $a_{I}$ has mean value zero, it suffices to write it in the form

$$
a_{I}=\lambda_{I}^{-1}\left([f-I(f)] \chi_{I}-\sum_{\substack{J \in \mathcal{C}_{k+1} \\ J \subset I}}[f-J(f)] \chi_{J}\right)
$$

To establish inequality (1) (subject to relabeling) we use

$$
\begin{equation*}
\sum_{k} \sum_{I \in \mathcal{C}_{k}}\left|\lambda_{I}\right|+21 \sum_{k} 2^{k} \sum_{I \in \mathcal{C}_{k}}|I|=21 \sum_{k} 2^{k}\left|E_{k}\right|=21 \sum_{k}\left(2^{k+1}-2^{k}\right)\left|E_{k}\right| \tag{5}
\end{equation*}
$$

Indeed by (5), summation by parts, and the fact $N f>2^{k}$ on $E_{k}$, we have

$$
\begin{equation*}
\sum_{k} \sum_{I \in C_{k}}\left|\lambda_{I}\right| \leq 42 \sum_{k} 2^{k}\left|E_{k} \backslash E_{k+1}\right| \leq 42 \int N f(x) d x \tag{6}
\end{equation*}
$$

Fefferman, Rivière and Sagher [3] estimated the $K$-functional

$$
K(f, t)=\inf \left\{\|g\|_{H^{1}}+t\|h\|_{L^{\infty}}: g \in H^{1}, h \in L^{\infty}, f=g+h\right\}
$$

in terms of the "grand maximal" operator to describe interpolation spaces for the pair. We provide a description in terms of $N f$. Let $g^{*}$ denote the decreasing rearrangement of $|g|$.

Corollary (of the proof of the Theorem). If felongs to $H^{1}+L^{\infty}$, then

$$
\begin{equation*}
K(f, t) \sim \int_{0}^{t}(N f)^{*}(s) d s, \quad t>0 \tag{7}
\end{equation*}
$$

Proof. The subadditivity of the integral operator in (7) implies that it is dominated by $K(f, t)$. To establish the opposite estimate, we fix $t>0$ and select an integer $j$ so that $2^{j-1}<(N f)^{*}(t) \leq 2^{j}$. From the constructions in (2), we see

$$
\begin{equation*}
g_{j}=\sum_{k=j}^{\infty}\left(g_{k}-g_{k+1}\right)=\sum_{k=j}^{\infty}\left(\sum_{I \in C_{k}} \lambda_{I} a_{I}\right) . \tag{8}
\end{equation*}
$$

The estimate $\left\|h_{j}\right\|_{\infty} \leq 14(N f)^{*}(t)$ follows by our selection of the index $j$, while

$$
\begin{equation*}
\left\|g_{j}\right\|_{H^{1}} \leq 42 c \int_{E_{j}} N f(x) d x \leq 42 c \int_{0}^{t}(N f)^{*}(s) d s \tag{9}
\end{equation*}
$$

is derived as in (5)-(6) using the identity (8). Combining these estimates completes the proof.

Minor modifications using $p$-atoms permit extension of these results to $H^{p}$ spaces $\left(\frac{1}{2}<p<1\right)$ on $\mathbf{R}$. Beginning with $N f$ and using classical techniques (theorems of Spanne-Stein and Hardy-Littlewood), these results provide a simplified approach to the various descriptions of $H^{p}(\mathbf{R})$ (duality, grand maximal operator). By conformally mapping the unit disc onto $\mathbf{R}_{+}^{2}$ and estimating the appropriate integrals obtained from the Proposition, one obtains the expected results for the circle. Exploiting a Fourier analytical technique of Calderón, Wilson has given a proof of the atomic decomposition into $L^{2}$ atoms for higher dimensions in [8], while the condition $N(u+i v) \in L^{1}$ is required in [7]. Finally, the author extends his thanks to Colin Bennett and Guido Weiss for valuable discussions related to this paper.

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